

Emergency Services Open Day

The Emergency Open Day held at Henley Lake last weekend was a huge success according to DHB's Emergency Preparedness Co-ordinator, John Channon, who manned the DHB's inflatable shelter with the help of Resuscitation Coordinator Kathy Lee and Unit Manager, Sharon Woods. "This was the first time we have used our shelter and we put it up in five minutes with the help of air pumps attached to a generator. Heaps of kids came through asking lots of questions and doing some hands-on rescue work with the three mannikins lying on the stretchers. One mannikin was attached to a drip and a monitor; there was a baby to resuscitate and a model to defibrillate. We also had a satellite phone and a VHF radio in the tent so everyone got a good idea of emergency communications."

All Wairarapa emergency services were at the Open Day - the Fire Service, Police, Civil Defence, St Johns, Red Cross, Westpac Life Flight helicopter and the Fire Service helicopter. The helicopters gave demonstrations of winching people to safety and dowsing fires using monsoon buckets of water from the lake.

Shaun Camp, Manager of the DHB Ambulance Services, commented on the great inter-service co-operation. "Approximately 1500 people attended the Open Day over the four hours and we had people of all ages walking through the ambulance checking out the equipment and talking to ambulance officers. It was a really worthwhile and successful day."

New family violence coordinator

Wairarapa DHB now has two FVI coordinators. Gaye Rowberry has been with the DHB for just over a year working hard to get all the appropriate paperwork and sub groups set up and implemented so that we may move forward with the family violence intervention training. Recently Brad Martin has joined the team as the clinical coordinator of the programme and as the child protection coordinator. The role of both coordinators is to significantly raise the level of awareness and clinical practice of all DHB staff relating to family violence. Brad has worked with Rangitane



for seven years supporting whanau, youth and family. "I helped them get over the speed bumps in their lives," he said. "If it involved domestic violence I helped them access support services. It seems we have all the services in the world here but if people are too shy or uncertain, they need help to access them."



Above: The DHB's inflatable shelter brandishing logo and white cross on top.



Left: The Fire Service douses a kitchen fire

Below: That's Sharon Woods in mid-air as she was winched to safety



Brad will be the point of contact for DHB staff and the link between the community and the DHB. He will work with the agencies who deal with family violence, such as police, CYF, Women's Refuge, and Hospital staff. "It's a very proactive role and gives the DHB an opportunity to take the lead by raising the profile and encouraging people to speak out against violence. Everybody within the Wairarapa has a role to play in reducing family violence it is simply a case of speaking up and speaking out."

Mental Health Matters

Introducing..



Sally Peters (above left) and Hayley Wilton have joined the Child, Adolescent Mental Health Service as youth support workers, working alongside clinicians and clients to help develop individual support plans. Part of their role will be supporting youth in the newly developed youth crisis respite bed which is attached to the adult Crisis and Recovery Centre. They will also be out in the community, in homes and schools.

They are both experienced support workers. Hayley has come from Richmond Fellowship where she managed the planned respite and home base while Sally worked for the Wellington Mental Health Consumers Union in Masterton for more than five years as well as in the Crisis Respite Unit of Adult Mental Health.

“There has been a gap for some time in supporting youth who have mental health issues,” they say. “We are enjoying the challenge of our roles and pleased we can offer this new service to young people throughout Wairarapa.”



As part of the promotion for Mental Health Awareness Week (6-12 October) the CAMHS team and Mangin Graphics designed colourful t-shirts for distribution to Wairarapa secondary schools. Youth Support Worker, Hayley Wilton, said the different colours represented the diversity of youth. “Every young person is different, hence the different colours. We want to be seen out there and thought it would be cool to give colleges something lasting that would raise awareness.”

CAMHS staff resplendent in their t-shirts. Back from left: Henare Te Karu, Ngaire Clarke, Raewyn Woodhouse, Ruth Maltby, Suzie Rogers

In front: Gaye Sutton, Sally Peters, Hayley Wilton and Dr Susan Perry

Information and records management quiz

Your chance to win a prize for getting “IT” right

Answer the following questions by ticking either the true or false box:

Questions

1. All information are records

True

False

2. All records are information

True

False

3. The General Disposal Authority defines the maximum retention period for a class of records

True

False

4. Metadata is a term used for structured data about data

True

False

5. Wairarapa DHB receives less than 1,000 emails each weekday

True

False

6. The SAFE rule is that the sender always files the email

True

False

7. You should keep every email you ever receive or send

True

False

8. You should forward attachments to colleagues who have access to your shared drive

True

False

9. Dates in files names should be ‘back the front’

True

False

10. Templates are available from the intranet

True

False

Closes one week after publication in inSite.

The first correct entry drawn will receive a prize.

Results and answers will be published in inSite

Name :.....

Contact number:.....

Cut out this section and put the completed quiz in a sealed envelope addressed to: **Maureen Breukers, Project Manager Internal Mail Box 26.**