

Breakfast meeting...



Public Health staff got a pleasant surprise when Team Leader Nicky Poona made their 'breakfast meeting' more than just a name! They arrived to find a formally set table, complete with named places and a sweet treat on their plate, followed by a full breakfast supplied by Nicky. What a way to start a meeting! TJ Dennis sent in this photo as a way of saying thanks to Nicky - or was it just to make the rest of us salivate???

Let them eat cake



Gaye Rowberry (right), Family Violence Intervention coordinator, was so pleased with maternity unit staff that she baked them a chocolate cake for morning tea this week.

Maternity staff have managed to easily exceed their initial target of 20% of women being screened for family violence - last month's return shows they have achieved 60% screening already!

Maternity Team Leader Donna Purvis (left) and Unit Manager Robyn Brady both acknowledged the importance of FVI screening, particularly at this vulnerable time in women's lives.



Oral Health Services updates schools

It was all smiles on Thursday morning, as Debi Lodge-Schnellenberg (left) and Lynette Field (right) met with school principals, secretaries and School Board Chairs to give the latest news on the oral health service project. Debi briefly outlined the research and activity over the last 4 years, leading to the new service developments that are currently being rolled out. Principals were interested to hear that there will be a staged hand over back to the schools of the old dental clinics over the next 18-24 months, as the two new Mobile Clinics arrive and are trialled in schools. The new Mobiles will have 2 chairs, resolving the safety issues inherent in the old sole-practice clinics, and the two therapists will share an assistant between the rooms. They are about the size of the Life Education Mobile. The first mobile will be stationed at MIS, and the second at Carterton School, before moving around the District.

Learn Te Reo

Do you know the difference between Kia Ora and Tena koe? Can you introduce yourself in Maori? Here is an opportunity to learn basic Te Reo (language) & Waiata (song) during lunchtime with Cultural Advisor Aunty Mihi Namana. She leads a fun and friendly session designed to teach you the basics and improve your pronunciation.

August	7th & 21st	Room A, HR
September	4th & 11th	Room A, HR
October	2nd & 16th	Room A, HR
November	6th & 20th	Board Room, DHB
December	4th & 11th	Room A, HR

All sessions are from 12 noon-1pm.
Email interest to Janeen Cross on x 4430 or janeen.cross@wairarapa.dhb.org.nz

Paint job



Holly Coombs, CAMHS Clinical Psychologist, has recently received a fantastic new car.

CAMHS (31 Renall Street) had been waiting to get parking lines painted on our carpark and the painter came to paint them mid July while Holly was away in a DHB car. She had her private car keys with her, and so he had to paint what lines he could, and leave the two that the car obstructed to paint at a later date.

Some CAMHS staff, in their usual tricky manner, "constructed" a yellow line from orange card, and this was the result.

Holly didn't quite run off the road when she arrived back, but there was a moment of "what the---!!".



Getting it right when things go wrong

Snow forced a postponement two months ago, but on Wednesday night presenters Sarah Michael and Melanie McFarlane were able to deliver the first session of a 2.5 day training programme on the NZ Incident Management System. The delay means we are the last DHB in the country to receive the training, but we benefited from a very well practised and presented session.

Around 50 staff from across the organisation attended, with 25 of those booked to complete the next 2 days of intensive workshops.

The Incident Management System is being implemented nationwide to ensure that we report and manage incidents and events - from minor to fatal - in a consistent, useful way.

Wednesday night's session was all about defining what an incident is, and learning to score it using a new national tool. The score dictates what level of investigation, response and reporting is required. A central system is being developed so that every DHB can rapidly learn the lessons from other DHBs, reducing the likelihood of making a similar error.

A key learning was that while it may be very satisfying to blame an individual for an error, they are just at the 'pointy end' of a chain of actions leading to that error. The SAC (Severity Assessment Code) rating given to the incident may determine that a 'root cause analysis' is required, especially when the incident has resulted in death or permanent disability.

Over the next 2 days, 25 of our staff are learning about this process in depth, to be ready should the need arise.



Break-out group (left to right) Anne McLean, Vicky Hookham, Andrew Curtis-Cody, Gillian Malton and Helma Van der Lans chose to enjoy the chilly sunshine as they wrestled with a problem solving exercise on Day 2.

According to the Peter Davis study in 2000, of the 900,000 hospital admissions per year in New Zealand it's estimated that there will be 116,000 adverse events, 46,000 of them being potentially preventable. CEO Tracy Adamson was forthright in saying even one preventable event was too many, and it's for this reason that the national system has been set up.

Below: Tessa Jane Dennis, Lynette Field, Maggie Morgan, Tracey Adamson and Robyn Brady are deep in discussion about the root cause of a (hypothetical) serious event on Day 3



Diary date: 21 August 2009, Room A, HR CEO briefing on 'Good to Great'

In May CEO Tracey Adamson spoke to more than 100 staff about the challenges and priorities of our path ahead. Updates have been published regularly in InSite. On August 21, Tracey will give us a progress report on our journey from "Good to Great" and some of the recommendations that will help us face the future with confidence. She also wants to hear from you and be able to answer your questions face to face.

You can come to any one of three half hour sessions.
12noon or 12.30pm or 3.30pm

Te Wiki o te Reo Maori Maori Language Week

Thanks to all those who participated in the Te Wiki o te Reo Maori/Maori Language Week quiz

The quiz focused on awareness of health terms and through your search for answers introduced you to some of the online Maori language resources available.

Becoming familiar with Maori terminology is important, as correct and appropriate usage underpins our relationship with mana whenua.

The winner of the draw was Clinical Nurse Specialist Jenny Skeet, pictured below receiving a double movie pass from John Tibble, Cultural Competency Coordinator.

The answers to the quiz follow - if you're not sure how to pronounce any of them, consider the free Maori Language lessons advertised on inside this issue.

1. hauora	health
2. takuta	doctor
3. hauora tinana	physical health
4. mana tu	integrity
5. taringa	ear
6. kōripi	scalpel
7. tinana	body/trunk/torso
8. taumatatanga	excellence
9. toto	blood
10. ihu	nose
11. tuarā	back
12. whakamatau toto	blood test
13. hā	breath
14. kōiwi	bone
15. kainga	home place
16. kiko	flesh
17. rae	forehead
18. kakī	neck
19. tihei	sneeze
20. hohipera	hospital



Quiz winner Jenny Skeet is handed a double movie pass by John Tibble, Cultural Competency Advisor.

Bookmark this.....

10 tips for safer health care



1. Be actively involved in your own health care
2. Speak up if you have any questions
3. Learn more about your condition or treatments
4. Keep a list of all medicines you are taking
5. Get the results of any tests or procedure
6. Make sure you understand the medicines you are taking
7. Talk about your options if you need to go into hospital
8. Make sure you understand what will happen if you need surgery or a procedure
9. Make sure you and your health care professional agree on exactly what will be done
10. Before you leave hospital or your general practice, ask your health care professional to explain the treatment plan you will use at home



10 tips to Safer Healthcare have been distributed in all waiting areas throughout the hospital in handy bookmark form. They are for patients to take away if they choose encouraging them to be actively involved in their own healthcare. The bookmarks will also be sent to GP practices throughout Wairarapa for patients there.

Waste not, want not *By Peter Clayton*



The Cafe now has a waste recycling bin. It is the first of a number of bins to be located around the Hospital to enable visitors and staff to actively separate waste from discarded, but ultimately recoverable items.

This particular bin is designed to encourage separation of organic and other waste products from recyclable items which will then be

transferred to appropriate collection agencies.

The importance of sustainable recycling is now widely accepted, but we need your help to ensure that correct separation is maintained. This will avoid time consuming extra work or rejection when bulk quantities are delivered to the collection stations.

This first location is very much an initial trial to see what is required to make it work. The bins are easy to use and have the iconic green triangle clearly displayed on the recycle side. Signs are being developed to show just what can go in the new bins. Spotless Services is also helping with other recycling practices, including the return of empty (clean) milk bottles to a collection point when receiving fresh milk, specific recycle bins for departments and the increased collection of paper and cardboard for recycling.

While the concept is simple and essential, the DHB will be working with OCS, who has a recycling advisory service. This will help ensure that the collection and separation process does ultimately get our waste to the right final destination and result in appropriate products being sustainably remade through our efforts.

WDHB SOCIAL CLUB EVENT Quiz Night

7pm Wednesday 19th August 2009
Stewart Lounge (Main Hall)
Masterton Cosmopolitan Club

SOCIAL CLUB MEMBERS - Free
NON SOCIAL CLUB MEMBERS- \$2.00
SPOT PRIZES include something for the team with the catchiest name.



4-5 people per team
Will your team take the trophy home this year ?

Register your team with Gail Edwards, Pharmacy, by Wednesday 12th August.

Wairarapa Women's Centre

The Wairarapa Women's Centre is a drop in centre providing a safe and supportive environment where women can access information, resources, programmes and knowledge to enable them to make well informed decisions about their own and their family's lives. From time to time they provide emergency bedding, household goods, toys and books, clothing and shoes for needy families. These resources are available from the Centre, together with their programmes for the year. You may know of families who need help or you might like to donate goods for the Women's Centre to distribute. Contact the Women's Centre which is open Mon - Fri 10am - 2 pm.

DROP IN CENTRE
Wairarapa Community Centre
170 Dixon Street
or Phone/Fax 06 378 2453
email: womynscentre@xtra.co.nz

Hoodie Day 12 August 2009

More than 58% of young people belong to a community group, club or team.

The contribution young people make to the community is being celebrated and encouraged on:

UN International Youth Day and New Zealand's Hoodie Day, next Wednesday 12 August.

The finding from the Youth 07 research means that more than 245,000 secondary students are part of a community group, donating their time and participating in society.

Hoodie Day organiser's NZ Aotearoa Adolescent Health and Development (NZAHD) executive officer Sarah Helm said the evidence is that most young people are "Goodies".

The current generation of young people are making a positive contribution to society and this is increasing with over 7% more secondary students belonging to community organisations in

2007 compared with 2001

"This Hoodie Day take a moment to look beyond the stereotypes about those who choose to wear hoodies and see the "Goodie" underneath," said Sarah Helm.

Age Concern are also marking Hoodie Day, encouraging their affiliates to hold their own Hoodie Day events.

"We hope International Youth Day and Hoodie day will be seen as a day to bring different generations together. We are all young at some time, and end up being seniors."

Hoodies are mainstream clothing evidenced by the fact New Zealand designers Karen Walker, Trelise Cooper, Laurie Foon and Kate Sylvester have included hoodies in their ranges.

On Wednesday 12 August wear a hoodie, be a goodie, and show your support for young people.

The Challenge 2000 Youth Development team (based in Wellington) at last year's Hoodie Day
<http://www.challenge2000.org.nz/index.php>

