

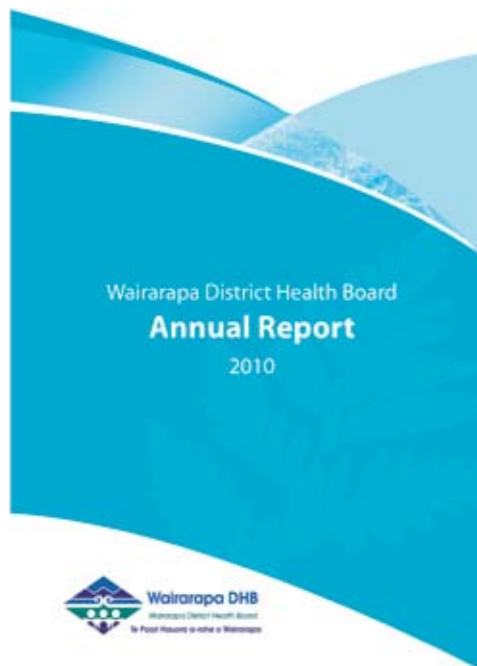
Enquiries about your pay



Bronwyn Evans (right) was the very first person to use the payroll enquiry email and get a response from Hutt. She received the first reply with log number 0001!!! To mark the occasion Gretchen Dean, HR Manager has presented Bronwyn with a voucher for afternoon tea at Dish.

All enquiries regarding your pay can be emailed to payroll.enquiries@wairarapa.dhb.org.nz or you can phone Hutt DHB directly by dialling 5212.

Annual Report 2010 released



Although we posted a deficit, we made considerable efficiencies and cost savings during the year. At the same time we made significant gains in primary and community health in the district. Read more in the Annual Report just released. Go to "About WDHB" page on the intranet under Health Priorities. There you'll find all our key organisation publications and documents.

Ambulance PR



It was a great day for William Horsbrugh who won a colouring competition organised by Wairarapa Ambulance Services.

William Horsbrugh with Slyvia Morgan, EMT for Wairarapa Ambulance Services.

Six year old William Horsbrugh won a ride with two friends to school in an ambulance as the result of winning a colouring competition at the Emergency Services Day in November. He was in the box seat up front as Emergency Medical Technician, Slyvia Morgan, drove him and his mates to school along a rural road, through the town and into the school gates with the siren in full blast.

On arrival outside the school office he was surrounded by pupils curious about the ambulance and what was inside. William said, "I loved the siren - everyone could hear it coming. The ambulance was higher than our car and I had to walk up the stairs to get in."

William loves art and says, "I have heaps of practice at it and once you get used to it it gets more fun, especially if you don't rush it."

He was one of two winners in the competition organised by Wairarapa Ambulance Services. He won the section for 5 - 6 year olds and Emily Murray who was taken from home by ambulance to St Patricks School won the section for 7 - 12 years.

Come and join us one and all

Singing Christmas carols around the halls

You are invited to join us in helping to bring some joy to those in hospital over Christmas.

Meet in the hospital foyer at 7:45pm on Tuesday the 21st December

Staff are requested to wear uniform and everyone else (adults and children) is encouraged to dress up with a Christmas theme.

Song sheets and lanterns will be available.

Supper and cold drinks in the cafeteria afterwards.



A busy few months

This *Insite* contains some of the stories we have been posting on the intranet since the launch in October. The Communications team is now bringing you the news as it happens through the intranet and we are updating the Home Page regularly with the latest events, activities, successes and stories about our staff. Instead of the printed edition of *Insite* that you have been receiving fortnightly, you can now access the latest information on the intranet. We rely on all of you to let us know what is happening in your areas of work - we want to know about patient and staff stories, projects you are working on, successes you have had, publications, new developments, building projects, workforce initiatives, celebrations, team efforts. You are our eyes and ears and we rely on you to keep us informed. Keep those stories rolling in.

We realise that not everyone sits at a computer all day and that for some of you it is easier to see the hard copy. From time to time we will produce a printed issue of *Insite* to keep you in touch.

Intranet feedback

We have had lots of feedback and we really appreciate your suggestions. The intranet project team has been meeting regularly to discuss any problems and come up with solutions that will enhance the site. We want to know what you think and how easy it is for you to navigate. There is a suggestion box on the Home Page (in Links) where you can send comments.

There is also a great search tool built into the site which means you can now find things quickly and easily because background information is added when documents are posted to the intranet.

We are pleased to note that usage statistics show the site is being well used. Workspaces are being used by projects and teams to share information, tasks, activities, issues. Our policies and procedures are also all up to date and the stats show they are being accessed regularly.

More to do

There is still room for development however. We want to improve the way we present forms on the Staff Info page so they are easier to complete. The vision is to post electronic forms with workflows that send forms completed by staff to managers for action and filing electronically. We want to offer staff training so you become more familiar with the site and its potential. We also want to enhance the intranet and in time we will address your ideas and further develop the site.

Meanwhile we hope you are enjoying the news and noticing the ever changing events listings. Remember to send the Communications team any stories or messages.

jan.mclaren@wairarapa.dhb.org.nz

jill.stringer@wairarapa.dhb.org.nz

Intranet Project team

You can also give any feedback to these members of the project teams. We'll discuss your suggestions and action them if we can.

Alex Marsh, Jan McLaren, Cate Tyrer, Deb Butterfield, Gary Ireland, John Kirkup, Lucy McLaren, Maggie Morgan, Michelle Wills, Rose Broughton, Maryann Cowgill, Rose Broughton, Gillian Malton, Robyn Brady.



Seasons greetings from the CEO and Chair

2010 has been a year of many highlights and successes, and Wairarapa health services continue to be well regarded and supported both locally and nationally. Every one of you, including those who have moved on during the year, has played a part in that success.

We hope many of you can take some time to relax and enjoy yourselves over the Christmas and New Year break, and special appreciation to those who will remain on duty to make it a safer and happier Christmas for others.

We look forward to working with you in 2011.

Tracey Adamson, CEO
Bob Francis, DHB Board Chair

Revenue Project Update

We need to boost our revenue by invoicing for all goods and services. The revenue project was set up with the aim of making sure that the DHB is receiving all the revenue it is entitled to. Although a large percentage of our revenue is funding from the government we can invoice for certain goods and services we provide such as: services to eligible ACC patients, services to overseas patients, charges to Selina Sutherland Hospital, ambulance user part charges, sales of supplies to external parties etc. These revenue sources add up to about \$6 million a year.

Nick McGruddy, Project Manager is pleased with the project progress to date. "A review of revenue contracts has shown that we are not invoicing for all goods and services we are contractually entitled to. We are developing procedures and practices to ensure that we do so now and in the future."

"We have also reviewed charges for services such as sterilising charges that have not been increased for over 10 years," says Maureen Breukers, a member of the project team. "I am enjoying working with Team Leaders to provide advice and support to make the processes as streamlined as possible."

Introducing

Max Goodall, Dietitian



"Most Wairarapa families and health professionals have got used to working without the support of a dietitian – but there is so much to do. I'm starting with the basics, getting those done well. It's a huge scope of work, not just supporting the obvious groups of patients such as those with diabetes or obesity, but also oncology patients, those with chronic long-term conditions or neonates with feeding issues, pre and post surgery patients – a huge range," says Max.

"I work with inpatients, outpatients, GPs, and other services such as palliative care. I work directly with patients and their families but also offer support and education to other health professionals. Off-site clinics are a strong possibility and I am at a Greytown marae later this week which I am really looking forward to."

Max trained in the UK and has worked within hospital and public health settings around the North of England throughout his career. "I have just left a team in Doncaster, UK where we were a team of seventeen dietitians, each specialising. My focus was public health and prior to this I worked as a general dietitian. I am currently working one day a week in Hutt Hospital with their paediatric dietitian to upskill in this area. It's great to work with another dietitian who can not only transfer some specialist knowledge but also can help me understand some of the very different paperwork, processes, and even the resources available."

"There are so many challenges to working as a sole dietitian with such a large scope - that's what's so attractive about the job. I've had great support from both colleges here and in the Hutt Hospital. I am busy working through the planning stages of 'where to next' and getting a grip on the Wairarapa DHB's priorities to see how I can best support these."

Janice Byford Jones, Associate Director of Nursing & Midwifery



Janice Byford Jones has just taken up her new role as Associate Director of Nursing & Midwifery, working four days a week at Wairarapa DHB, and one day a week at Capital & Coast DHB, where she was previously working fulltime at CCDHB in the same role.

"I moved to Featherston about 4 years ago, and have watched what's been happening at Wairarapa DHB longingly for some time now," laughs Janice. "When this opportunity arose, I jumped at it, and I'm delighted to be here."

Janice has a firm clinical background in nursing, with her speciality being ED nursing. She trained in Hull, North East England, worked in a variety of areas including rehab, cardiology/CCU/practice nursing/Occupational health and Emergency. She is also a qualified teacher.

"I came to New Zealand 9 years ago on a six month working holiday – back in nursing – and here I am," says Janice. "In the meantime, I've acquired a Kiwi husband, a dog, several cats and some chickens. I feel very grounded in the Wairarapa and it will be really nice to be putting something back into the community I live in. I have a passion for developing nursing and midwifery and improving quality for patients."

Director of Nursing Helen Pocknall asks all staff to help welcome Janice to her new role. "I'm really pleased that we managed to attract Janice to the job. Her skills, experience, and links with Capital Coast will be of real benefit to us all."

Thanks a bunch



Wairarapa Hospital is a very pleasant place to visit. My special thanks to Loise Cantwell and Jenny Collett who give exceptional service.

We arrived to a very full and busy ED. My daughter was promptly triaged. Staff were excellent – professional and responsive. Paediatric ward staff also excellent. Love your new hospital. We felt safe and cared for and I felt confident that had my daughter's condition worsened this would be urgently and appropriately responded to. We are from outside WHDB. Really impressed with the level of care received. Thank you.

Health targets Quarter 1 2010/2011

We are the second smallest DHB in the country, yet we continue to achieve or exceed the six health targets which compare New Zealand's 20 health boards across six categories each quarter.

Wairarapa DHB still ranks top equal in New Zealand for shorter waits for radiation treatment; second equal for improving access to elective surgery and third for achieving shorter stays in emergency departments and helping smokers to quit. On the other two targets, the DHB scores 5th equal for increasing immunisation rates (2nd in the last quarter) and 7th equal (first in the last quarter) for better diabetes and cardiovascular services.

Wairarapa District Health Board's Chief Executive, Tracey Adamson, says that while our comparative rankings have dipped slightly, this is in part due to the improved performance of other DHBs. "With the immunisation target, a year ago we reached 87% of Wairarapa children, and last quarter we reached 89%, though in the previous two quarters we achieved over 90% coverage. We continue to work with other agencies to support outreach clinics, and staff are passionate about extending the benefits of this kind of health protection to all our children." The top-scoring DHB was Hawkes Bay covering 95% of their children.

"But let's not forget the other four targets, where 97% of people who come into our Emergency Department are admitted, transferred or discharged within six hours – and the national target is 95%. Similarly, our elective surgery rates were 110% against a national target of 100%, meaning 2% more people are receiving their non-acute operations than in the last quarter."

Keeping safe

Christmas is only three weeks away and we ask you to consider security over the summer.

Keeping property safe

This is a time when windows are being opened to enjoy the summer breeze but also a time when opportunistic individuals are looking for ways of raising a little extra cash. Orderlies carry out security patrols around the hospital buildings and grounds and their reports frequently indicate that windows are being left open at night, providing an opportunity for access by thieves.

Close windows, lock items away

To minimise the risk of losing DHB or your personal property the last person leaving the work area should ensure that all the windows are closed and the doors locked regardless of whether you are on the ground floor or higher. All personal effects and valuables (cell phones, laptops, money) should be locked away or taken with you when you leave. For the protection of information confidential or sensitive documents and papers should be securely locked in a filing cabinet, not left on desks, and the key kept in a discrete location, not in the filing cabinet lock.

Cars

The security reports also indicate that DHB vehicles have been left unlocked in the car park at night. Pool vehicles should be parked adjacent to the Human Resources building where they are covered by lighting and monitored by security cameras. When you return a pool vehicle ensure that the windows are closed, the vehicle is locked and no valuables are left inside.

Be vigilant

Criminal activity is not restricted to after dark and thieves will target occupied buildings in broad daylight. Hospital buildings, by nature of their service, are readily accessible and not everyone on the premises wears an identity badge.

Ensure that your personal belongings are secured at all times whilst you are at work. Handbags should be kept out of sight and wallets, purses or car keys not left in jackets on the back of chairs.

One of the most important strategies that will help is for all staff to be vigilant and responsible for their own work area and department. Close and lock office doors where possible when rooms are not occupied. If you are unsure about any suspicious person or activity contact an Orderly to investigate.

Brian Freeman
Manager Facilities & Logistics

Maori Health Plan launched



The Kuia chosen to launch the Plan remembered and represented those who have given generously to Māori Health in the past and who have had a strong input to the WDHB but have since died. (The names of those remembered are in brackets)

Back left: Mike Kawana, Tracey Adamson, Bob Francis
From left front: Heather Marunui, (Koro Taka Panere), Missy Harper (Koro Te Wananga Te Kani), Helen Rimene (Koro Kuki Rimene) and Roena Cook (for Kuia Hine Paewai)

The Wairarapa Maori Health Plan has been signed off by local Iwi and the Wairarapa District Health Board. Te Huarahi Oranga (the Pathway to Wellness) lays down the ways in which the two parties will work together to improve Maori health over the next five years.

“This Plan renews the commitment by Wairarapa Iwi and the DHB to work together and it provides a pathway for Iwi to effect change for Māori living in the Wairarapa,” says Bob Francis, Wairarapa DHB Chairman. “Māori health requires long term commitment and a concerted investment into the strengths of whānau. The development of Te Huarahi Oranga shows Wairarapa DHB’s continued commitment to Māori health. We are determined to tackle the barriers that exist at all levels.”

Te Huarahi Oranga is the result of Iwi Kainga, the Māori relationship Board represented by Rangitaane o Wairarapa and Kahungunu ki Wairarapa Iwi, working alongside the DHB. Maori whānau, communities, providers and health professionals were involved in putting it together through a series of hui. “Certainly it is a plan that has been developed and is owned by Wairarapa Maori,” says Director Maori Health, Stephanie Turner.

She says the Plan aims to develop and strengthen health strategies that work for local Māori, increase health service responsiveness to Maori and reduce inequalities. “The Plan recognises that whānau are key to health improvements for Māori, and that there is a need to develop health solutions that are whānau-centred if we are to succeed. Our vision for Wairarapa whānau is Wairarapa Mauri Ora - vibrant, confident and strong whānau.”

The DHB identified health inequalities in their Health Needs Assessment (2008). It has been well documented that Maori have consistently poorer health and education outcomes than the rest of the population. 60.3% of Maori children live in a household with a smoker; Maori babies in Wairarapa are less likely to be fully breastfed; life expectancy for Maori males is 68.5 years compared with 78.2 for non Maori males; and hospitalisation for diabetes in Maori is significantly higher than for the rest of the population. Te Huarahi Oranga addresses these issues and sets out a plan to improve these statistics over the next five years and beyond.

The framework of the Maori Health Plan is based on three Pou (pillars). These come from local tāngata whenua knowledge, history, health practice, and aspirations. The three pou which provides the structure for challenges and actions in the Plan include: Pouaro – supports Māori values, tikanga practice, and cultural competence in healthcare; Poutokomanawa, Māori and health services meet face to face and work shoulder to shoulder to advance Māori health gain; and Poutuarongo, the backbone of the practice – effective health services for Māori ensures improved health services for all. The activities fall under these headings which are the core principles of the Plan. Targets over the next five years include increasing the Maori workforce, increasing the number of mammograms and cervical smears for Maori, improving immunization rates, improving oral health and diabetic management and encouraging Maori to quit smoking. Other services focus on improved access to palliative care, mental health care, support needs for disabled and cancer treatment. Actions to meet these targets are outlined in the Plan.

“This Plan steers our course for the next five years and beyond,” says Ms Turner, and we look forward to meeting targets to improve the health of our Maori population.”



Stephanie Turner Director Maori Health, Mizpah Mansfield, and Mihi Namana DHB Cultural Advisor



Trish Taylor, retiring DHB Board member with Heather Marunui, member of the Kaumatua Council.



Elizabeth Robens Chair Kaumatua Council and Muri Jaro Treasurer

Movember finishes in a close shave

There were tears of joy as the fur flew when Movember drew to a close for another year. The Wairarapa Distinguished Hairy Blokes (WDHB) have raised nearly \$400 for Men’s health, contributing to the most successful Movember ever. Nearly 9,500 New Zealand blokes took part and a total of 450,000 around the world; smashing all previous records.

But all good things must come to an end, and as you can see below our suave young men do look far more respectable now they have tamed their top upper lips. All except one who continues to hold out against protests from family and ex-All Blacks.

Nigel "Col. Sanders" Broom has grown so attached to his mo that he is continuing his facial folly for another 2 weeks! In that time Nigel is putting up for grabs a signed copy of John Kirwan's book "All Blacks Don't Cry" for every \$5 donation to his cause. To make a donation go to <http://nz.movember.com/mospace>

Thank you to all those who brought a ticket in the Alana Estate wine raffle. The lucky winner was Dan Nicholson of Ponatahi.

Well done men, and may the fuzz be with you..



Hats on Heads

Wee Iszac Batt is wearing a woollen hat knitted with love by one of the ‘Knit and Natter Ladies’ to keep his head warm especially in the hospital theatre where temperatures are cool to keep down infection.

Iszac Batt, born on 21 November, surrounded by the woolly hats produced for the "Hats on Heads" project. Wee Iszac Batt is one of 150 babies born by caesarean section at Wairarapa Hospital over the last year. He is wearing a woollen hat knitted with love by one of the ‘Knit and Natter Ladies’ to keep his head warm especially in the hospital theatre where temperatures are cool to keep down infection.

The knitting group, organised by "The Embroidery Shop" in Masterton, get together once a week to knit and enjoy each other’s company. At the moment they are producing an on-going supply of hand knitted woollen hats which theatre staff put on the babies to keep them warm and which they keep. For many babies these hats are the only woollen garments they have. Other knitters have also contributed – the elderly mother of one of the theatre nurses sends hats from Scotland and staff from Outpatients are also putting ‘hats on heads’, including a Christmas hat knitted especially for a baby born on Christmas Day.

Wairarapa Hospital theatre staff are thrilled with the tiny gifts and thank all the knitters for keeping the babies warm.



Deanna Batt with her newborn, Iszac, a caesarean baby born into cooler operating theatre temperatures.

A night at the Oscars

And the winners are...



Best team outfit



Pharmacy and Quality



Barbie's on, let the party begin



Great party
Excellent music from *Fingers Crossed*
Tasty food from *Spotless Fabulous* organisation
(thanks Tracy O'Neale and helpers Rose, Gillian, Len, Jason, Brian, Sarah and Peter.)



Chica Chica Boom Chick
Maggie Morgan: Award for Audacity and Gorgeoussness



Best dressed men: The Blues Brothers, Easy Rider and Ozzy Osborne



Best women: Judi Dench, Carmen Miranda, Cleopatra and Dorothy



The two Dorothys.
Win Ward won the Best Casting and Being Everyone's Mother



Lara Croft: Tracy O'Neale: Best Supporting Actor and Chief Organiser



Helen Pocknall: Best Costume Design



Yeti of the Year Award for their facial fungus: Nigel Broom and Movember friends. Nigel is seen here as Easy Rider with chopper.



Kerry Hargood: Best mail-man with supporting actor Sharlene Morgan



Ambulance Service: Award for the most Acrobatic Ambulance



The Blues Brothers - Simon Everitt received the Best Supporting Actor (acting CEO) Award.

