



HEALTHY LIFESTYLES PROGRAMME

SCHOLARSHIP FOR PROFESSIONAL DEVELOPMENT

Breastfeeding Peer Counsellor Programme La Leche League NZ

Up to **two scholarships** are available to attend this comprehensive 40 hour train-the-trainer course, with ongoing support and mentoring, that equips health and community workers to design culturally appropriate breastfeeding peer support and counseling to other mothers. The 40 hour course consists of 30 hours in facilitated group learning over 5 days and an estimated 10 hours of independent study prior to and during the course.

Candidates should:

- Have a knowledge of breastfeeding either from personal experience or their work environment.
- Have a commitment to promote, protect and support breastfeeding
- Be employed in a health or social services agency, with existing strong links with their target population
- Display appropriate communication and organizational skills
- Enjoy working alongside other women
- Have an ability to meet deadlines
- Have an understanding that they will go on to train and support others (a plan for this will be developed prior to attending the course)

What does the course provide:

The course is implemented in 3 stages:

- **Stage 1** - La Leche League NZ (LLL NZ) facilitators train and support participants as 'Peer Counsellor Programme (PCP) Administrators'. There is practical training and modeling of communication skills to enable participants to deliver the PCP training and learn how to establish and customize the training in their community
- **Stage 2** - involves the selection, training and credentialling of mothers in target groups to be Peer Counsellors. The 'PCP' Administrators train and support them.
- **Stage 3** - sees the Peer Counsellors using their skills, knowledge and social and cultural connectedness to help other mothers successfully breastfeed their babies.

When: The course will be held from TBA (late 2010 or early 2011).

Where: TBA

Closing Date for applications: 29th October 2010

All applicants will be assessed against the following criteria:

- Residing and employed in the Wairarapa district
- Appropriate background knowledge and qualifications
- Demonstration of communication and organizational ability
- Community involvement or participation in breastfeeding initiatives

Supporting evidence for each kind of criteria is essential.

Any kind of documentation that backs up or supports the statements you have made in your application should be included. A lengthy CV is not required.

Employment in Wairarapa

- A commitment to employment in Wairarapa is essential to ensure the most effective use of this scholarship

Academic achievement

- Relevant workplace training certificates
- Relevant courses attended

Ability and skill in relevant field

- If you have been in your current employment for more than 12 months, and the area of work is relevant to this application, evidence of support from your present employer will be sufficient.
- If you have been in your current employment for less than 12 months, a supporting reference from someone in the appropriate area of expertise or your previous employer is required

How much is the scholarship worth?

- The course fees and support package total \$4,495 ex GST
- Funding will also cover travel and accommodation. (Courses are not available in Wairarapa.)
- The funding applies only to attendance at the Peer Counsellor Programme and may not be used for any other purpose.

Commitment to a Community Breastfeeding Support Network

- It is important that successful applicants and their employers agree to a plan to train others once they have completed the course. A plan will be developed and agreed prior to attending the LLLNZ course. The objective is to train health workers and community members and to facilitate and support the establishment of a Wairarapa wide community breastfeeding support network that will focus on Māori, Pacific and very young mothers. A support package covering the first 12 months will be purchased from LLL. This will include continuing education modules and ongoing

contact with an LLLNZ PCP Training Co-ordinator, monthly in the first year and quarterly after that.

What is the process for consideration?

Applications will be considered by a panel of representatives from the health industry, the community and Maori and/or Pacific groups. A letter of acknowledgement will be sent to all applicants on receipt of their completed forms.

Short-listed applicants will be interviewed by a panel. Those not selected will be notified by mail.

Successful applicants

Successful applicants should be prepared to:

- Have a brief profile and photo on the Wairarapa DHB website
- Submit a summary report on the relevance of the content and perceived value of the course for planning or implementing local initiatives
- Assist in the development of and agree a schedule to train others once they have completed the course.

Privacy

All information submitted with your application will be used for the purpose of assessment and will be confidentially held by the Fund Administrator.

Profiles of successful applicants may be provided to the news media for the purpose of advertising the Scholarship Fund.

**HEALTHY LIFESTYLES
PROGRAMME
Application Form**



SCHOLARSHIP FOR PROFESSIONAL DEVELOPMENT

General Details

Name: _____

Address: _____

Phone: _____ **Fax:** _____

Email: _____

Employer: _____

Address: _____

Current position: _____

Academic Achievement

Please attach any documentation necessary to support the following:

Degrees, Diplomas, Qualifications	University / Organisation	Field	Year conferred
Courses, Workshops, Training	Organisation	Field	Year

Eligibility assessment

Please write a paragraph about why you wish to attend this course.

Please write a statement about what you see as your current involvement in breastfeeding in the community.

Please write a paragraph about how you think this training will make a difference to the capability and capacity in the Wairarapa community to support breastfeeding.

Where do I send my application?

Please send 4 copies of your application to:

Professional Development Scholarship
Healthy Lifestyle Programme
Wairarapa DHB
P.O. Box 96
Masterton

Attn: Sue McAuley, Healthy Lifestyles Program Manager

** Please note: Faxed or incomplete applications will not be considered.

Applications close at 5.pm on Friday 29th October, 2010

PLEASE RETAIN A COPY OF THIS APPLICATION FOR YOUR RECORDS

PRIVACY

All information submitted with your application will be used for the purpose of assessment only and will be confidentially held by the Fund Administrator.